




NBRC Gym Schedule

JANUARY

12/30/2014



The North Boulder Recreation Center will be closed on Thurs, Jan 1st

	Monday	Tuesday		Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am	Open Gym 6:00-7:30	Open Gym 6:00-8:00		Open Gym 6:00-7:30	Open Gym 6:00-8:00	Open Gym 6:00-7:30	Open Gym 6:30-8:30		
6:30am									
7:00am									
7:30am	Drop-in Fit For Life 7:30-8:30	Drop-in MRT 8:00-8:45		Drop-in Fit For Life 7:30-8:30	Drop-in MRT 8:00-8:45	Drop-in Fit For Life 7:30-8:30	Open Gym 7:30-8:30		
8:00am									
8:30am	Drop-in Pickleball 8:30-10:30	Drop-in Pickleball 8:45-10:30		Drop-in Pickleball 8:30-10:30	Drop-in Pickleball 8:45-10:30	Open Gym 8:30-10:30	Drop-in Grp Power Wrkt 8:30-9:30		
9:00am									
9:30am									
10:00am	Drop-in Fit For Life 10:30-11:30		Drop-in Fit For Life 10:30-11:30	Drop-in Fit For Life 10:30-11:30	Drop-in Fit For Life 10:30-11:30	Open Gym 9:30-3:00	Drop-in CoEd Volleyball 8:30-12:30		
10:30am									
11:00am									
11:30am	Drop-in Adult Basketball 11:30-1:30	Open Gym 10:30-1:00		Drop-in Adult Basketball 11:30-1:30	Open Gym 10:30-1:00	Drop-in Adult Basketball 11:30-1:30	Open Gym 9:30-3:00		
12:00pm									
12:30pm									
1:00pm	Drop-in Senior Basketball 1:00-2:30		Open Gym 1:30-3:15	Drop-in Senior Basketball 1:00-2:30	Open Gym 1:30-2:30	Open Gym 9:30-3:00			
1:30pm									
2:00pm									
2:30pm	Drop-in Youth Basketball 2:30-5:00	Drop-in Youth Bball 2:30-5:00	Gonzo Tennis 3:15-5:15 <i>begins 1/14</i>	Drop-in Youth Basketball 2:30-5:00	Drop-in Youth Basketball 2:30-5:00	Gonzo Tennis 3:00-4:30 <i>begins 1/10</i>			
3:00pm									
3:30pm									
4:00pm									
4:30pm									
5:00pm	Setup	Open Gym 5:00-6:30	GPW 5:15-6:00	Setup	Open Gym	Open Gym 5:00-7:30	Open Gym 4:30-3:00		
5:30pm	Drop-in HIIT 5:30-6:15			Drop-in HIIT 5:30-6:15					GPW 5:30-6:15
6:00pm	Takedown			Takedown					WW 6:00-7:00
6:30pm	Open Gym	BAC Vball 6:30-9:30 <i>not 1/6</i>	Open Gym 7:00-9:30	Open Gym	Youth Volleyball 7:00-10:00				
7:00pm									
7:30pm									
8:00pm	Kickball 7:00-10:00	Open Gym 7:00-9:30		Drop-in Adult Basketball 7:00-9:00	Youth Volleyball 7:00-10:00	Open Gym 4:15-8:00			
8:30pm									
9:00pm									
9:30pm									
							<div>BAC Vball 5:00-7:00 <i>1/18, 25 only</i></div>		



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)